

**Elder Care: Geriatric Outpatient Clinic
REFERRAL FORM**

- St. Paul's Hospital (SPH) Clinic**
Phone: 604-806-9827 Fax: 604-806-8390
- Mount Saint Joseph Hospital (MSJ) Clinic**
Phone: 604-877-8371 Fax: 604-877-8149

FAX all relevant information including current medications, allergies, diagnostic and consult reports.

Date of referral: _____

Appointment requested for:

First name: _____ Last name: _____ DOB: (MM/DD/YY): _____
 Address: _____ PHN #: _____
 Telephone #(s): _____ PARIS #: _____
 Code status/Level of intervention: _____ (attach any existing documents)

Contact person for appointment:

Patient Other - Name: _____ Telephone #: _____ Relationship: _____
 Interpreter Requested: (Specify language) _____

Referring source:

- Family Physician (*name & phone #*): _____
 Geriatric Emergency Nurse (via ED Physician) (*name*): _____
 Rapid Access appointment given (*date and time*): _____
 Other (*name, discipline & phone #*): _____
 ICBC or WorkSafeBC claim
 Family Physician notified of referral

Reason for referral: (e.g. cognitive changes, functional decline, multiple health issues, tenuous living situation, polypharmacy, behavioural concerns, incontinence etc.) **Please circle and/or provide more info below.**

MEDICAL SERVICES REQUESTED:

- Geriatric Medicine (MD to MD referral only)**
- Comprehensive Geriatric Assessment
 - Cognitive Assessment
 - Falls Assessment
 - Pre-operative Assessment
 - Home Visit for homebound elders
 - Other: _____
- Geriatric Psychiatry (MD to MD referral only)**
- Cognitive Assessment
 - Behavioural features of dementia
 - Mood/Anxiety/ Psychosis
 - Geriatric psychiatry outreach for homebound elders
 - Other: _____

OTHER SERVICES REQUESTED:

- Occupational Therapy**
- Cognitive Strategies
 - Optimize Function & Safety
 - Sleep Habits
 - Caregiver Skill Building
- Physiotherapy**
- Balance & Mobility
 - Musculoskeletal
 - Vestibular
- Social Work**
- Patient & Caregiver Support
 - Advance Care Planning
 - Community Resources
 - Financial stressors
- Continence Clinic
 - Geriatric Psychiatry Outreach Nurse
 - Geriatric Medical Outreach Nurse (SPH inpatients only)
 - Dietitian

Please refer to the reverse for description of services offered by each discipline.

Service requests will be triaged by our team as appropriate.



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The Geriatric Ambulatory Clinics at St. Paul's Hospital and Mount Saint Joseph Hospital provide an interdisciplinary approach to older adults (65+) who are experiencing health changes that impact their physical, cognitive or psychosocial well being.

We accept referrals via telephone or fax:

St. Paul's Hospital
Elder Care Ambulatory Clinic
1081 Burrard Street, Vancouver
Phone: 604-806-9827
Fax: 604-806-8390

Mount Saint Joseph Hospital
Elder Care Ambulatory Clinic
3080 Prince Edward Street, Vancouver
Phone: 604-877-8371
Fax: 604-877-8149

Referrals to geriatricians and geriatric psychiatrists must be approved by a family physician or hospital based physician. Referrals to other members of the interdisciplinary team can be made by any health care provider.

INFORMATION FOR THE FIRST VISIT:

- This visit may take up to 2 hours.
- Please instruct patient to bring their care card, medications, and a family member or friend to help them understand and remember information.

SERVICES OFFERED:

Geriatric Medicine

- Comprehensive geriatric assessment, cognitive assessment diagnosis and management, medical review, pre-operative assessment, falls assessment, medical assessment of homebound elders

Geriatric Psychiatry

- Cognitive assessment, treatment of behavioural features of dementia, assessment and treatment of mood, anxiety and psychosis, geriatric psychiatry outreach to homebound elders.

Nursing Outreach

- Psychiatric nursing outreach and support.
- Medical nursing follow up after hospital stay (St. Paul's Hospital only).

Continence Clinic

- Assessment and management of urinary and bowel incontinence and their related symptoms.

Physiotherapy

- Balance and gait retraining, vestibular rehabilitation for inner ear dysfunction and dizziness, fall prevention, musculoskeletal assessment and management to optimize function.

Occupational Therapy

- Cognitive assessment and treatment, mild cognitive impairment and dementia education for patients and families, individualized memory, brain health and sleep strategies, assessment of day to day function to optimize safety and independence, caregiver support and skill building.

Social Work

- Future planning for patient and caregiver support, linking with community resources and psychosocial stressors.

Dietitian

- Nutritional assessment and management.

Access to neuropsychologists available via internal clinic referral only